

**Blair Drug and Alcohol Partnership Meeting Minutes**

**Thursday, February 27, 2020 12:30pm-2pm**

**Location: Blair Drug and Alcohol Partnership- 3001 Fairway Drive Suite D, Altoona PA 16602**

Agenda Items	Discussion-Notes	Action Item-Follow up
Welcome and Introductions	<p><i>Attendance:</i>  <i>Voting Members: Amanda Kenney; David Leeper; Brandon McGraw; Carrol Osgood; Lynn Thompson; Bruce Erb (Ex-Officio)</i>  <i>Non-Voting Members: Judy Rosser; Amanda Patrick; Kate Rimbeck; Kristin Heinbaugh; Clark Sheehe; Marcee Petrarca; Charmayne Raia; Bob Hainley;</i></p>	
Review of the Minutes from previous meeting	<p><i>Motion to Accept Minutes made by Dave Leeper, seconded by Brandon McGraw</i></p>	<p><i>Motion to accept minutes approved</i></p>
Additions to Agenda	<p><i>Partnership Meeting Time/Day Survey – have had 20 people reply to survey of what times and days are best for the Partnership Meeting</i>  <i>Membership Drive for the Partnership meetings continues; new attendee Bob Hainley, Charmayne Raia and Kristin Heinbaugh welcomed to the meeting; Lynn will reach out to Brendan Murran, previous solicitor for the school district and Dr. Osgood is working with professors to invite students to the meeting</i></p>	<p><i>Survey to be sent out again to Partnership and subcommittees</i></p>
Public comment on agenda items		
Presentation	<p><i>MAT Presentation: Presenters Amanda Copp from Positive Recovery Solutions (PRS) and Joe Fromknecht from Discovery House</i>  <i>Key Points:</i>  <i>-Amanda Copp – Vivitrol and PRS: PRS has a mobile office for outreach, that features a waiting room, private exam room, restroom, and office area with medical supplies and refrigeration for medicine; PRS is live in 28 counties and contracted in Ohio, Kentucky, Indiana and Florida; Blair County signed contract in 2015 and was one of 1<sup>st</sup> counties to offer Vivitrol (Naltrexone for extended-release injectable suspension); Vivitrol is non-addictive and non-narcotic, a 1x Month shot that blocks receptors and removes cravings; does not allow the drug to attach to the pleasure receptors in the brain resulting in not having the pleasure feeling when using the substance; 98.8% success rate when combined with counseling; PRS works with BDAP to have clients follow up with case manager for any treatment needs after getting shot; insurance based clinic and accepts all insurance; PRS comes to BDAP 2x month</i>  <i>-Joe Fromknecht – Methadone and Buprenorphine – Discovery House: Methadone is a synthetic, long-acting opioid for the treatment of heroin or prescription pain pill abuse; clients on methadone are seen daily and have 2 one-hour counseling sessions per month; it is available by prescription and reduces/eliminates withdrawal symptoms and cravings; it is given as inpatient at Discovery House; Buprenorphine (Suboxone) is used for the treatment of opiate addiction and dependence; it suppresses the symptoms of opiate withdrawal, reduces cravings and blocs the effects of other opioids; dissolves under the tongue and is given as outpatient; funding for treatment is Medicaid, insurance, BDAP and private pay; drug tested on a monthly basis; BDAP ICM comes in weekly to work with clients on site</i></p>	
Recommendations from Council:	<p><b>No Action Items</b></p>	
<p><b>Committee Reports:</b>            Education:            CPDUD:            Youth League:            Rise for Recovery:            Grants and BDAP program update:</p>	<p><b>Update on Partnership Sub Committees-Handout enclosed</b>  <b>Update on Prevention Activities-Handout enclosed</b>  <b>SAMHSA First Responder Grant – BDAP and Pitt-PERU working with first responders to help identify people with substance abuse disorder that EMS responds to regularly; training on the App on an iPad which has the screening/questions to ask patient; Blair County is the first county in PA to involve Law Enforcement with the SCOPE grant and are working with Altoona Police Department and Logan Township Police Department to develop a curriculum for other counties; training provided in warm hand-</b></p>	<p>.</p>

	<p><i>offs, leaving behind Naloxone, reducing stigma, and post-overdose interventions</i></p>	
<p>Partners and other updates:</p>	<p><b>HOPE Support Group:</b> <i>Every Wednesday- 5:30-7:30pm – BDAP Conference Room-Education Session last Wednesday of Every Month</i></p> <p><b>SMART Recovery:</b> <i>Mondays and Thursdays 6-7:30 pm – BDAP Conference Room-Open: Open for substance use, over-eating, sex addiction, gambling, etc.</i></p> <p><b>Healing Hearts:</b> <i>Grief Support Group for family and friends who have lost someone to an overdose/addiction: Will be held the 2<sup>nd</sup> and 4<sup>th</sup> Thursday of each month from 6-8pm – BDAP</i></p> <p><b>BALM:</b> <i>For families and friends affected by a loved one’s Substance Use Disorder/Addiction – based on the 12 Principles of the BALM® Family Recovery Method – 1 day a week – 7-week group – BDAP (New Class began January 6, 2020)</i></p> <p><b>MARA:</b> <i>- Medication Assistance Recovery Anonymous – a support group open to those on maintenance medication, family, and friends. Every Tuesday – 6-7pm – BDAP</i></p> <p><b>Strengthening Families Program:</b> <i>7-week program for families and children between the ages of 10 and 14. Sessions on January 16-March 5, 2020 and April 23-June 4, 2020</i></p> <p><b>Dual Recovery Anonymous – DRA</b> <i>is an independent 12-Step, self-help membership organization for people with a dual diagnosis. Meets Wednesday’s at 6-7pm at BDAP</i></p> <p><b>Partner Updates (Staff, Facilities, etc.):</b></p> <p><b>All of the following committees will meet at BDAP unless indicated otherwise:</b></p> <p>Blair County Overdose Prevention Meeting: Wednesday, March 4, 2020 2:00pm</p> <p>Providers Meeting: Monday, March 9, 2020 2:00pm</p> <p>Rise for Recovery: Wednesday, March 11, 2020 2:00pm</p> <p>Education Committee: Wednesday, March 25, 2020 1:30pm</p> <p>Youth League: Tuesday, March 3, 2020 2:00pm</p> <p>CPDUD: Wednesday, March 4, 2020 8:30am</p>	
<p><b>Next meeting: Thursday, March 26, 2020 at 12:30PM at Blair Drug and Alcohol Partnerships</b></p>		