



HOT Sheet

Kratom (Kratum) (*Mitragynaspeciosa*)

- Slang terms: Aunt Mary, BC Bud, Blunts, Boom, Chronic, Dope, Gangster, Ganja, Grass, Hash, Herb, Hydro, Indo, Joint, Kif, Mary Jane, Mota, Pot, Reefer, Sinesemilla, Skunk, Smoke, Weed, Yerba, Honey Oil, 710, or Budder.
- A mind-altering drug, produced by the cannabis sativa plant. THC (delta-9-tetrahydrocannabinol) is the main ingredient that produces the drug's psychoactive effects. Marijuana concentrate contains very high THC levels and can be up to four times stronger.
- Can be smoked (through a joint, similar to cigarette; blunt, similar to cigar; pipe; bong; cigar; or vape) or mixed with foods or drinks.
- Marijuana concentrates are similar to the appearance of honey or butter and are either brown or gold in color.
- Effects include dizziness, nausea, merriment, relaxation, enhanced sensory perception, time distortions, impaired judgement, reduced coordination, agitation, paranoia, and anxiety.
- Increased appetite and short-term memory impairment are also common.
- Illusions, delusions, and hallucinations are rare, except in high doses.
- **Legal status:** Marijuana/cannabis in Pennsylvania is illegal commercially, but possession of small amounts is decriminalized in some cities. Medical marijuana usage is legal for several serious medical conditions.

If you have questions, please contact Briana Cunningham, Prevention Supervisor at Blair Drug & Alcohol Partnerships by calling (814) 381-0921 or by emailing bcunningham@blairdap.org.