Blair Drug and Alcohol Partnership Agenda
Thursday, December 21st, 2023 at 12:30 p.m.-1:30 p.m.
Location: Blair Drug and Alcohol Partnerships- 3001 Fairway Dr. Altoona Pa, 16601

Agenda Items	Discussion-Notes	Action Item-Follow up
Welcome and Introductions	**Sign In**	
Review of the Minutes from previous meeting	**Minutes attached**	
Additions to Agenda		
Public comment on agenda items		
Presentation	**Michelle Wysong-UPMC Altoona Intervention Project**	
Discussion/Action Items for Council:	**Action Item: Slate of Officers 2024** **Action Item: Approve Winter Newsletter** **Action Item: Recommendation to approve the following advisory council members:** **-Tricia Maceno-Johnson-**Sector Psycho-Social Prof-Blair Department of Social Services Director- Filling an open term expiring March 31 2025 -**Holly O'Connor**-Sector Labor-Howard Hanna Bardell Realty-Filling an open term expiring March 31, 2026 **Discussion:** Open Positions Disadvantage-Education-Youth/Young Adult-Community at large	
Committee Reports: Education: CPDUD: Youth League: Rise for Recovery: Grants and BDAP program update:	**Update on Partnership Sub Committees** "PARTNERSHIP SUBCOMMITTEE UPDATES" ATTACHED **Upcoming Events-Staff** *Rise for Recovery Events*: Open Mic Night-December 14th-Update on the Event New Year's Eve event details Prevention: **Annual Dinner-Update on the event** **Grants and Program updates: No updates this month** Center of Excellence: No Update Housing Grant: No Update PLCB Grant: Update on activities Re-entry Women's grant: No Update Crisis Stabilization Grant: No Update Medicated Assisted Treatment in prison Grant-no update DUI Sobriety Checkpoint Grant: No Update	
Partner updates:	**Partner Updates (Staff, Facilities, etc.):** **Opportunity for partners to share**	

BDAP and other meeting update	**HOPE Support Group**: Every *Wed: 5:30pm-7:30pm with a ZOOM option.* **SMART Recovery**: *Every Monday at 6:30 pm* **Healing Hearts**: *2nd and 4th Thursday monthly -6pm* **All Recovery Meeting:** *Every Tuesday at 5:30 pm* ***All of the following committees will meet at BDAP unless indicated otherwise*:** Youth League: Tuesday 1/2/2024 @ 2pm CPDUD: Wednesday 1/3/2024 @ 8:30am Rise for Recovery: Wednesday 1/10/2024 @ 2pm Education Committee: Thursday 1/18/2024 @ 1:30pm	
Next Meeting: Thursday, January 25th, 2024 at 12:30pm at Blair Drug and Alcohol Partnerships (Zoom option available)		

Blair Drug and Alcohol Partnership Minutes
Thursday, October 26th, 2023 at 12:30 p.m.-1:30 p.m.
Location: Blair Drug and Alcohol Partnerships- 3001 Fairway Dr. Altoona Pa, 16601

Agenda Items	Discussion-Notes	Action Item-Follow up
Welcome and Introductions	**Sign In** **Voting members in person:** Lynn Thompson-Gregory **Voting member on Zoom:** Clark Sheehe, Brendan Moran **Non-voting in person:** Rebekah Grainer, Michelle Childers, Judy Rosser, Etta Albright, Lindsay Nebgen, Amanda Humphreys, Donna Gority, Marcee Petrarca, Carol Taylor, Drew Yingling, Tracy Luke **Ex-Offico:** Bruce Erb	
Review of the Minutes from previous meeting	**Minutes attached**	Brendan made the motion to approve the minutes. Clark seconded the motion. Motion approved by all voting members present.
Additions to Agenda		
Public comment on agenda items		
Presentation	**Tracy Luke-UPMC WBHA**	
Discussion/Action Items for Council:	**Review of the BDAP Quarterly report-Amanda Humphreys** • Level of Care assessments: 128 for the fiscal year • Drug of choice 18 and under: Cannabis; Drug of choice 19 and older: Alcohol • Mobile Assessments: 73 Blair County Prison referrals were higher than normal • Case Management: 237 opened in September; 32 newly opened • Certified Recovery Specialist: 119 opened in September; 19 newly opened • Narcan distribution in September: 11 given at the time of the assessment; 59 given to general community • Vivitrol: 6 new patients in September • September Highway Safety Classes: 52 participants registered; 29 attended • Prevention is holding different presentations and curriculums in local school districts **Review of the Housing Quarterly report-Amanda Humphreys** • 913 individuals in our housing program since March 2021 • 162 new individuals: July 2023-September 2023 (included in the 913) o Of those 162 individuals, 141 reported maintaining recovery of reported a reduction in substance use • 146 reported no new contacts with criminal justice system • 136 reported no utilization of emergency room services • 100% of individuals who are open in the housing project are receiving case management services and are active in drug and alcohol treatment **Discuss meeting for December-***December meeting will be on December 21st at 12:30 pm. Slate of Officers will need discussed at this meeting.*	

	Discuss other open positions for members -Counselor -Labor -Education -Community -Youth	
Committee Reports: Education: CPDUD: Youth League: Rise for Recovery: Grants and BDAP program update:	**<u>Update on Partnership Sub Committees</u>** "PARTNERSHIP SUBCOMMITTEE UPDATES" ATTACHED **Upcoming Events-Staff** *Rise for Recovery Events*: Recovery Extravaganza-September 30th 11am-3pm—Update on the event Prevention: Blair Drug and Alcohol Partnership: Trunk or Treat-October 23rd-Update on the event **<u>Grants and Program updates</u>:** Center of Excellence: No Update Housing Grant: Quarterly report SCOPE Grant Update: No Update grant ended 9/29/2023 PLCB Grant: Update on activities Re-entry Women's grant: No Update Crisis Stabilization Grant: No Update Medicated Assisted Treatment in prison Grant-no update DUI Sobriety Checkpoint Grant: No Update	
Partner updates:	**Partner Updates (Staff, Facilities, etc.):** **Opportunity for partners to share**	
BDAP and other meeting update	**HOPE Support Group**: Every *Wed: 5:30pm-7:30pm with a ZOOM option.* **SMART Recovery**: *Every Monday at 6:30 pm* **Healing Hearts**: *2nd and 4th Thursday monthly -6pm* **All Recovery Meeting:** *Every Tuesday at 5:30 pm* ***All of the following committees will meet at BDAP unless indicated otherwise*:** Youth League: Tuesday 11/7/2023 @ 2pm CPDUD: Wednesday 11/1/2023 @ 8:30am Rise for Recovery: Wednesday 11/8/2023 @ 2pm Education Committee: Thursday 11/16/2023 @ 1:30pm MARK YOUR CALENDARS-ANNUAL MEETING NOVEMBER 16th 2023, 6PM, Place: US Hotel RSVP: Lindsay Nebgen, LNebgen@blairdap.org NLT November 1 2023	
Next Meeting: Thursday, December 21st, 2023, at 12:30PM at Blair Drug and Alcohol Partnerships (*Zoom Conference Option available*)		

Partnership Subcommittee Updates

Partnership December

CPDUD: (Committee to Prevent DUI's and Underage Drinking)

- **Prevention Updates**
  - Planning events for the PLCB grant
    - Mock simulator isn't running anymore- looking at new drunk- driving simulator where there is some sort of buggy for kids to drive with drunk goggles
  -
- **DUI Updates/DUI Task Force Details**
  - Thanksgiving Eve roving: 3 DUIs from this event
  - Planning something for the end of December-weather permitting.
    New grant was executed- departments can start detailing.

Next Meeting – Wednesday, January 2, 2023 at 8:30am @ Blair Drug and Alcohol. Zoom option available as well.

Education Committee

- **Marketing/Media:**
  - SAMHSA Talk, They Hear You
  - Completed Applebee Pond @ Williamsburg, working on it with Drug Busters @ Hollidaysburg Jr. High
- **DFC:**
  - Upcoming campaigns and billboards- Join our coalition
  - Planning events for the winter months
  - Williamsburg- Applebee Pond
- **Prevention Groups:**
  - Getting back into the schools along with different presentations
  - Looking at doing vaping presentation during parent teacher conferences

Next meeting- Thursday, January 17, 2023 at 1:30pm @ Blair Drug and Alcohol. Zoom option as well.

Rise for Recovery

- **Trainings- CRS/Leadership**
  - CRS Training classes- finished in September, another one planned for Spring
- **Activities:**
  - Open Mic Night at Green Bean Coffeehouse December 14 from 5:00-7:00
  - New Year's Eve event: December 31, 7pm-12:30 am @ The Nehemiah Project- 1809 11th st (old Wright School)
  - Recovery Walk- August 5th, Legion Park
  - Recovery Advocacy Day- September 19th: took bus with 25 people down to Harrisburg, very good day.
  - Youth focused event by the Hollidaysburg SADD students
    - Student's Art in Recovery- May 29th, Expression Against Depression- went well, lots of great art and students seemed to enjoy themselves
  - Recovery Extravaganza-September 30th, BDAP parking lot

Next Meeting: Wednesday, January 10, 2023 2:00pm @ Blair Drug and Alcohol. Zoom option as well

Blair County Youth League

- **Winter Events**
  - End of the Year bowling party- December 27th, 11am-1pm
- **Fundraising**
  - Original Recipe Gobs

        - Orders due December 5th
        - Delivery December 19th
- Looking into other fundraisers for the new year

Next meeting: Tuesday, January 2, 2023 2:00pm @ Blair Drug and Alcohol. Zoom option as well.

- **SMART Recovery: Support Group being held at BDAP. Facilitator trained and certified in the National Smart Recovery model –SMART Recovery is now held on Mondays 6:30-8:00pm in person at BDAP and via zoom**

- **HOPE Support Group- Every Wednesday, 5:30-7:30 pm-in person at BDAP and via Zoom**

- **Healing Hearts: Support Group for families who have lost someone to substance use. The group is scheduled for the 2nd and 4th Thursdays of each month from 6pm-8pm.**

- **Dual Recovery Anonymous: Meets Wednesday's at BDAP from 6-7pm**

- **Starting All Recovery meeting in April**

    - Tuesday's 5:30-6:30 at BDAP
    - All-Recovery meeting welcomes all who struggle with addiction, are affected by addiction, and/or support the recovery lifestyle. An All-Recovery meeting is "non-denominational", meaning all pathways of recovery are embraced, a universal recovery topic will be discussed at every meeting. An All-Recovery meeting is not affiliated with any other program of recovery or treatment provider.

Blair County
Drug and Alcohol
Partnerships

WINTER NEWSLETTER

2023-2024

MONTHLY COALITION MEETINGS

PARTNERSHIP MEETING: 4TH THURSDAY 12:30PM
CPDUD: 1ST WEDNESDAY 8:30AM
(COMMITTEE TO PREVENT DUI AND UNDERAGE DRINKING)
RISE FOR RECOVERY: 2ND WEDNESDAY 2:00PM
YOUTH LEAGUE: 1ST TUESDAY 2:00PM
EDUCATION COMMITTEE: 3RD THURSDAY 1:30PM

Please join us at the following :

WEEKLY GROUP MEETINGS

SMART RECOVERY: MONDAYS 6:30-8:00PM
ALL RECOVERY: TUESDAYS 6:30-7:30PM
HOPE GROUP: WEDNESDAYS 5:30-7:30PM
HEALING HEARTS: 2ND AND 4TH THURSDAYS 6:00-8:00PM

All meetings held at
Blair Drug and Alcohol Partnerships
3001 Fairway Drive, Suite D, Altoona

WINTER EVENTS

DECEMBER

Handwashing Awareness Month
National Drunk & Drugged Driving Prevention Month
World AIDS Awareness Month

Lights on the Lake
Lakemont Park - All Month Long

Altoona Christmas Parade
Downtown Altoona - December 2, 1pm

Grinch Ornament Workshop
Dj Day's Stained Glass - December 9, 2-5pm

The Nutcracker
Mishler Theatre - December 8th & 9th, 7:30pm, December 10th, 2pm

Open Mic Night
GreenBean Coffee House- December 14, 5-7pm

Christmas Eve
December 24

Christmas Day
December 25

New Years Eve Celebration
The Nehemiah Project - December 31, 7pm-12:30am

JANUARY

National Slavery and Human Trafficking Prevention Month
National Poverty in America Awareness Month

New Year's Day
January 1

Black Beard the Pirate
Mishler Theatre- Januray 20th, 3pm & 7pm

FEBRUARY

Black History Month
American Heart Month

Valentines Day
February 14

President's Day
February 19

African American Read-In Community Dinner
Penn State Altoona- February 18th, 2:30-5:00pm

STUCK INSIDE?

Try these delicious peanut butter blossom cookies

INGREDIENTS

1/2 CUP UNSALTED BUTTER
1/2 CUP GRANULATED SUGAR + 1/4 CUP FOR ROLLING
1/2 CUP LIGHT BROWN SUGAR
1/2 CUP CREAMY PEANUT BUTTER
1 LARGE EGG
2 TABLESPOONS MILK
1 TEASPOON VANILLA EXTRACT
1 & 3/4 CUP FLOUR
1 TEASPOON BAKING SODA
1/2 TEASPOON SALT
36 UNWRAPPED HERSHEY'S KISSES

INSTRUCTIONS

- PREHEAT OVEN TO 375 AND LINE BAKING SHEET WITH PARCHMENT PAPER
- COMBINE 1/2 CUP GRANULATED SUGAR, BROWN SUGAR, PEANUT BUTTER, EGG, MILK, VANILLA EXTRACT, FLOUR, BAKING SODA, AND SALT IN LARGE BOWL AND MIX UNTIL COMBINED
- SCOOP OUT TABLESPOON SIZE AMOUNTS OF DOUGH AND ROLL INTO BALLS
- ROLL EACH BALL IN THE EXTRA SUGAR AND PLACE ON BAKING SHEET
- BAKE FOR 8-10 MINUTES
- IMMEDIATELY AFTER TAKING OUT THE OVEN, GENTLY PRESS A HERSHEY'S KISS IN CENTER OF EACH COOKIE AND LET COOL COMPLETELY

CELEBRATING

Hard work

CONGRATULATIONS TO OUR ANNUAL AWARD WINNERS FOR THEIR OUTSTANDING SERVICE IN BLAIR COUNTY

JoAnne Dugan Visionary Award:
Commissioner Bruce Erb

Ray Shaw Community Advocate Award:
Representative Jim Gregory

John Iorio Community Partner Award:
Greenbean Coffee House

Youth Advocacy Award:
Sarah Garman- Hollidaysburg S.A.D.D.
&
Hollidaysburg S.A.D.D Students

Top Gun Award Winners:
Officer Matt Jenkins, Altoona
Patrolman Dan Eastep, Greenfield
Patrolman Bryan Ketner, Hollidaysburg

HOLIDAY MOVIE WATCHLIST

A CHARLIE BROWN CHRISTMAS

HOME ALONE

ELF

HOW THE GRINCH STOLE CHRISTMAS

THE SANTA CLAUSE

IT'S A WONDERFUL LIFE

THE POLAR EXPRESS

ARTHUR CHRISTMAS

FROSTY THE SNOWMAN

RUDOLPH THE RED-NOSED REINDEER

PREP AND LANDING

MIRACLE ON 34TH ST

WHAT THE COALITION HAS BEEN UP TO

RISE FOR RECOVERY
OPEN MIC NIGHT- DECEMBER 14, 5PM-7PM @ GREENBEAN COFFEE HOUSE
NEW YEAR'S EVE CELEBRATION- DECEMBER 31, 7PM-12:30AM @ THE NEHEMIAH PROJECT

CPDUD
HELD SAFETY SIMULATOR AT A COUPLE HIGH SCHOOLS IN THE AREA

EDUCATION
BE ON THE LOOK OUT FOR OUR "TALK, THEY HEAR YOU" CAMPAIGN PSA'S ON TV AND RADIO
KEEP AN EYE OUT FOR TOWN HALLS IN THE COMING MONTHS

YOUTH LEAGUE
HELD HALLOWEEN MOVIE NIGHT ALONG WITH TRUNK OR TREAT EVENT
ANNUAL BOWLING EVENT FOR YOUTH LEAGUE MEMBERS- DECEMBER 27, 11AM-1PM

JOIN US FOR A NEW YEAR'S EVE CELEBRATION

DECEMBER 31 7PM-12:30AM

THE NEHEMIAH PROJECT (FORMER WRIGHT SCHOOL)
1809 11TH ST, ALTOONA PA, 16601

BRING THE WHOLE FAMILY AND
ENJOY A NIGHT OF
GOOD FOOD, MUSIC, GAMES, AND MORE
AS WE RING IN THE NEW YEAR!

Rise FOR Recovery
BLAIR COUNTY

TICKETS ARE FREE BUT REQUIRED FOR ADMISSION
MUST SCAN QR CODE TO REGISTER
REGISTRATION CLOSES DECEMBER 14TH AT 7PM