



# ***HOT Sheet***

## **Cocaine**

- Slang terms: coca, coke, crack, flake, snow, soda cot, white and girl
- Cocaine is an intense, euphoria-producing drug with strong potential for addiction.
- Found in a powder form and usually snorted or injected into veins after being dissolved in water.
- Crack cocaine is cocaine mixed with baking soda (sodium bicarbonate) and water, usually in a spoon and then held over a heat source to “cook” the cocaine into rock-like pieces.
- Crack cocaine often looks like small, irregularly shaped chunks (or “rocks”) in a whitish color and is usually smoked.
- It creates euphoric effects, which vary on how quickly the drug reaches the brain.
- If smoked or injected, cocaine reaches the brain very quickly, resulting in a very strong euphoric effect, which is quick to onset.
- Snorting cocaine causes a less intense euphoria that does not occur as quickly because of the slower buildup of the drug in the brain.
- Other effects often include increased alertness and excitation, as well as restlessness, irritability, and anxiety.
- Other effects often include increased blood pressure and heart rate, dilated pupils, insomnia, and loss of appetite. Severe adverse health issues include cardiac arrhythmias, ischemic heart conditions, sudden cardiac arrest, convulsions, strokes, and death.

If you have questions, please contact Briana Cunningham, Prevention Supervisor at Blair Drug & Alcohol Partnerships by calling (814) 381-0921 or by emailing [bcunningham@blairdap.org](mailto:bcunningham@blairdap.org).