



HOW DO YOU GET SERVICES FOR SOMEONE YOU SUSPECT NEED HELP?

All drug and alcohol treatment services can be accessed directly by the person needing help by calling the agencies listed. When calling, inform the receptionist that you

may have a drug and/or alcohol problem and want to be scheduled for a free drug and alcohol assessment as soon as possible.

All calls are strictly confidential.

All assessments are free.

Priority treatment is provided for

- (1) Pregnant intravenous drug users**
- (2) Pregnant drug/alcohol users**
- (3) Intravenous drug users**
- (4) Overdose Survivor**
- (5) Veterans**
- (6) All others**

No limitations on treatment for pregnant women.

Preferential treatment given to pregnant women.

Youth under the age of eighteen can seek help without parental permission. (71 P.S. 1690.112)

Blair County Drug & Alcohol Partnership

Support Groups: As part of a recovery program, support groups can provide information and connections that may help strengthen your recovery. The following are some of the free support groups offered by our office. Please go to our website at www.blairdap.org/calanders or call us for more information.

HOPE Support Group

HOPE Group provides support for family/friends who have been adversely affected by a loved one's addiction.

Healing Hearts Grief Support Group

Healing Hearts is a support group for family and/or friends who have lost a love one to the disease of addiction.

SMART Recovery Support Group

SMART Recovery (national copyright program) is a science-based addiction recovery support group.

BALM Be A Loving Mirror

BALM is a family education program that empowers families to communicate effectively, including setting healthy boundaries, improving self-care, and more.

MARA Medicated Assisted Recovery Anonymous

MARA is an open 12-step program offering support and experience to those who have found their recovery pathway through medicated assisted treatment options.

DDA Dual Diagnosis Anonymous

DDA is a 12-step support group where individuals with a dual diagnosis/mental and addiction find support from peers with their recovery process.

**All groups have a group facilitator who provides guidance in a casual, comfortable and confidential setting.*

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Drug and Alcohol Services

*3001 Fairway Drive,
Suite D
Altoona PA 16602
(814) 381-0921
www.blairdap.org*

WHAT TREATMENT SERVICES ARE AVAILABLE?

Assessment --Initial determination of (1) the degree and severity of alcohol and/or other drug use, (2) the social, physical and emotional effects of that use, and (3) the strengths and needs of the individual.

The assessment determines the level of services needed, and may result in a recommendation to one of the following levels of service:

Outpatient (OP)
Intensive Outpatient (IOP)
Partial Hospitalization (PHP)
Inpatient
Withdrawal Management



WHO PAYS FOR THESE SERVICES ?

Each treatment service has individual costs. The agency you choose for services will evaluate your financial needs on an individual basis. There are several payment methods for these services, including:

- Private insurance
- Medical assistance
- Self pay arrangements
- County and state drug and alcohol dollars*

**Individuals will be evaluated to determine if their services are eligible for payment by county and state drug and alcohol dollars. These dollars are available on a limited basis.*

WHO PROVIDES DRUG AND ALCOHOL ASSESSMENTS ?

There are several licensed agencies that can provide drug and alcohol assessment and treatment services.

*Assessments are funded with public funds

***Blair Drug and Alcohol Partnerships**

Address: 3001 Fairway Drive, Suite D
Altoona PA 16602

Phone: (814) 381-0921

Blair Drug and Alcohol Partnerships is the central community contact for all drug and alcohol needs in Blair County. With a simple call to **814.381.0921**, assistance can be provided for any of the following:

- Assessment
- Referral to Drug and Alcohol Treatment
- Certified Recovery Specialist Support
 - A Certified Recovery Specialist is a person in long-term recovery who can assist those seeking recovery in finding the pathway that works best for them by providing personalized support and shared experience along the way.
- Case Management and Community Resource Coordination
 - Case management and resource coordination offers individuals assistance with accessing community resources, like housing, food banks, utility assistance programs, connection to physical and mental health professionals, assistance with obtaining medical insurance, and so much more.

These services are NOT limited to those with insurance, and are available to all individuals with a substance use disorder who are in need of support.

In addition to the needs of those seeking substance use support services, Blair Drug and Alcohol also provides family engagement and individualized services.

- Family Support
 - Blair Drug and Alcohol Partnerships can assist families in getting connected to the support they need to remain healthy through a loved one's addiction experience.

Blair Drug and Alcohol Partnerships is operational 24 hours a day, 7 days a week

ASSESSMENT SERVICES CONTINUED

**Drug and Alcohol Assessments for adolescents can also be accessed through your school district. Please contact the school guidance counselor and ask for the Student Assistance Program.*

DRUG AND ALCOHOL TREATMENT

Drug and alcohol public funding through the State of Pennsylvania is limited. Due to this limit, Blair County Drug and Alcohol Program, Inc. has guidelines on the admission to these services.

The following guidelines can change as the amount of public funding changes. The limitations do not apply to pregnant women.

Adult Services: No Limitations on prior treatment usage at this time.

Adolescent Services: No limitation on prior treatment usage at this time.

Medicated Assisted Treatment: In order to maintain funding for medicated assisted treatment, individuals who are receiving funding through Blair County Drug and Alcohol Program for medicated assisted treatment must be compliant with treatment recommendations or funding will be discontinued.

Waiting List: Individuals placed on a waiting list for intensive outpatient, partial hospitalization or residential services must be engaged in a minimum of outpatient treatment in order to remain on the waiting list for a higher level of service. If the individual does not attend some level of treatment, his/her name will be removed from the waiting list.